INSTALL VIRTUALBOX AND LINUX ON YOUR MAC OR WINDOWS MACHINE

1. Go to http://www.ubuntu.com/download/desktop

2. Choose compatible .iso disk for linux
3. Click the “Begin Download” button to start downloading Ubuntu

4. Now go to [https://www.virtualbox.org/wiki/Downloads](https://www.virtualbox.org/wiki/Downloads) to download the latest version of VirtualBox for your machine (make sure you get the right one for your machine, windows or mac)
5. Start the installation

6. Choose the “I accept” option and click “Next” to continue
7. Click Next till you get “Install” panel, then click this button to install your virtual box

8. Click “Finish” to open your VirtualBox
9. In VirtualBox, click the “New” button to start the virtual machine wizard.

10. Give a name to your virtual machine and select the operating system you will be running (ubuntu)
11. Select the amount of memory your VM will use and click “Next”

12. Click “Next” to create a new virtual hard disk, then click “Next” again.
13. Select "Dynamically Allocated"

14. Click “Next” to accept the default name and size of the virtual hard disk (you can change this if you prefer another size or a name)
15. Click “Finish” and wait while VirtualBox creates the new virtual hard disk.

16. Now select your new virtual machine and click “Settings”
17. Click “Storage” tab

18. Click the “CD/DVD icon” having “+” on it and select .ISO disk that we already downloaded from www.ubuntu.com to mount
19. Ubuntu ISO will be mounted under controller device and click “OK” to return to the main menu.

20. Select your virtual machine, then click “Start” to start your virtual machine.
21. Your Ubuntu virtual machine will start in a separate window

22. The machine will boot from selected ISO and you will see language option
23. Choose your language and click “Continue”

24. Click “Continue”
25. Click “Install Now”

26. Select time zone from the map or type your city, then click “Continue”
27. Click “Continue” to keep default keyboard layout (or choose your desired one)

28. Type your preferred username and choose a password, then click “Continue”
29. Ubuntu will begin installation now

30. Once installation is complete, click “Restart Now” to finish the installation.
31. Machine will restart and installed Ubuntu will load from hard disk.

32. Once You logged in to Ubuntu, click on the “Devices” tab, then “Insert Guest Additions CD image” in virtualbox
33. Enter your password if you have any, then click “Authenticate”

34. Let the terminal program run, and when it has finished, press Enter
35. Reboot your Virtual Machine once it has booted, click “View” menu, and click “Auto-resize Guest Display” and you will now have a full-resolution Ubuntu Virtual Machine on your computer.

References
1. Photos were take from www.wikihow.com